

Master Course Syllabus



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Established 1969

NUR 214 Mental Health Nursing

Course Number	NUR 214
Course Title	Mental Health Nursing
Credit Hours	4
Prerequisites	≥ 79in NUR 101 Fundamentals, NUR 106Pharmacologic Basics in Nursing Practice, NUR 120 Basic Nursing Concepts, “C” or better in Gen-ed Courses BIO-210 Anatomy and Physiology I, BIO-211 Anatomy and Physiology II, ENG 101- English Composition I, ENG-102 English Composition II, MAT-110 College Algebra or MAT-120 Probability and Statistics. CO- Requisites: NUR 210 Complex Health Problems, BIO 225 Microbiology, and PSY 201 General Psychology
Course Description	This course focuses on the care of patients across the lifespan experiencing cognitive, mental and behavioral disorders. This course also facilitates the utilization of the nursing process to assist in meeting the needs of patients with common mental health problems. Focus is on the dynamic of human behavior ranging from normal to extreme. Emphasis is placed on management of patients facing emotional and psychological stressors as well as promoting and maintaining the mental health of individuals and families. Concepts of crisis intervention, therapeutic communication, anger management and coping skills are integrated throughout the course. The community as a site for care and support service addressed. Clinical experience provides the student an opportunity to apply theoretical concepts and implement safe patient care to patients in selected mental health settings.
Course Objectives	Utilize a patient chart for obtaining information and recording significant data and nursing care and provide safe and quality care as well as understand people’s role (Critical Thinking). Perform a mental behavioral health assessment on patients with common mental health disorders (Patient Centered care).

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	Implement strategies that provide a safe environment for patients, self, and other while supporting quality improvement initiatives (Quality Improvement). Adhere to ethical, legal and professional standards in the provision of safe and effective care for patients with common mental health disorders (Safety). Develop an individualized, evidenced based plan of care that demonstrates an appreciation of a patient's cultural, spiritual, and developmental variation and includes recommendations for the adoption of health- promoting behaviors (Leadership). Collaborate with members of the interprofessional health care team while acting as a patient advocate in the provision of safe and quality care for patients with common mental health disorders (Teamwork and Collaboration). Apply knowledge of pharmacology, psychopathy, nutrition, and established evidenced-based practice in the provision of care for patients with common mental health disorders (Evidenced base Practice). Use verbal and nonverbal communication that promotes caring, therapeutic relationships with patients and their families, as well as professional relationships with members of the health care team (Communication). Use health information systems and patient care technologies in an effective and secure manner when assessing and monitoring patients with common mental health disorders (Informatics). Provide health and safety related education using a variety of teaching methods based on the identified needs of patients and their families (Patient education). Use organizational, time management, priority-setting, and decision-making skills in the provision of care to patients with common mental health disorders (Professionalism).
Course Developer	Dr. Heather Anderson, DNP RN
Means of Instruction	Lecture, discussions, demonstrations, reading assignments, written assignments, audio-visual material, and assigned journal readings, lab practices, return demonstrations in skills lab and simulation lab
Required Textbook/Written	<i>See Booklist online for current book.</i>

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Materials/Supplies	
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General Education Core Competencies

General Education Core Competencies	Course Methodology, Content and/or Assessment
Communication: Students will be able to communicate effectively through reading, writing, speaking and listening. • Prepare written documents in a professional manner. • Develop oral communication skills to present information in a professional and appropriate manner. • Demonstrate appropriate listening skills in one-on-one and small and large group settings.	The student is required to read assignments from the course textbook and outside sources. The student is required to submit several clinical written and oral reports. The student is required to participate in class discussion

General Education Core Competencies	Course Methodology, Content and/or Assessment
Mathematical Reasoning: Students will apply those mathematical skills appropriate to their program of study. • Analyze and solve mathematical problems needed in the workplace, daily life and educational environment. • Interpret data using analytical methods.	Basic mathematical and analytical skills are developed through defining drug calculation problems. The student will analyze alternatives and use formulas to solve problems
Critical Thinking: Students will employ effective processes for resolving problems and making decisions. • Identify problems and potential causes. • Solve problems using basic research, analysis and interpretation. • Evaluate results of solutions and revise strategies as indicated by findings.	The student will apply rational problem solving when implementing plan of care. The student will seek consultation when clinical problems fall outside current knowledge or scope of practice

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Technology Utilization: Students will apply knowledge of computers on a level compatible with job and/or educational demands. • Demonstrate a basic knowledge of computer applications including word processing, spreadsheets, databases, and presentation software. • Use basic operating system functions competently (e.g. store and retrieve data, load software). • Demonstrate communication and research skills through use of the internet.	Students will protect the safety and privacy of the individual's computerized and paper health care records and information
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General Education Core Competencies	Course Methodology, Content and/or Assessment
Interpersonal Skills: Students will deal effectively and appropriately with others. • Interact well with individuals and groups from diverse backgrounds and cultures. • Work with others in situational analysis, problem solving, and task accomplishment. • Demonstrate respect for the rights, work, and views of others.	Can work effectively with other students in completing assignments as a project team. Is able and willing to instruct less experienced students in completing work assignments. The student will collect data for individuals using standard protocol or tool: implement plan of care; report/record findings and assist in planning and evaluating care. The student will contribute to the development of nursing care plans. The student will express a caring and empathetic connection with individuals in order to provide compassionate, sensitive and appropriate care Demonstrates flexibility in assigned shared responsibilities. Interacts well with individuals from diverse backgrounds and cultures while refraining from discriminatory practices. (ex. Gender)

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Professionalism: Students will exhibit professionalism through observances of a code of ethics, a sense of responsibility, good habits, and a positive attitude. • Demonstrate personal and business integrity and ethics. • Recognize, manage, and cope with the transitions of change. • Utilize informational resources for lifelong learning.	The student will adhere to Nursing Code of Ethics. The student will respect privacy and dignity of the patient. The student will comply with the Nurse Practice Act. Be eager for a lifelong learning career
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College Policies

Policy Type	Policy Description
Attendance Policy	Attendance and participation are necessary for academic success. Williamsburg Technical College (WTC) expects students to attend all scheduled class meetings. WTC requires students to be present a minimum of 80% of all class lectures and laboratory sessions. Once a student has missed 20% of the course or two consecutive weeks, whichever occurs first, the faculty is obligated to withdraw students from the course. Individual programs may set higher required attendance and tardy standards, but must include these standards in their course syllabus and announce the requirements during the first two class meetings. Instructors will be given the flexibility to work with students in good standing who provide documentation to support a legitimate reason for an absence. It is the responsibility of the student to make up all missed class <i>assignments within the time frame set by the instructor.</i> Students may withdraw from a class at any time by completing a withdrawal form in the Student Services Office. A student can only receive a “WP” grade if withdrawal is completed in the Student Services Office prior to the last date to receive a “WP” grade published in the academic calendar. Students who fail to withdraw by the specified time will receive a letter grade for the course. For specific procedures related to this policy, refer to WTC Procedure D-23.1.
Policy Type	Policy Description
Policy for Students with Disabilities	The Student Affairs Division provides counseling and support services which help students with disabilities to pursue academic programs of their choice and participate fully in campus life. The VP for Student Affairs can arrange counseling, special parking, priority registration, and other reasonable services needed by students with disabilities. Students with disabilities are encouraged to contact the VP for Student Affairs to discuss needs and concerns as they arise.
Policy for Academic Misconduct	All forms of academic dishonesty including, but not limited to, cheating on tests, plagiarism, collusion, and falsification of information will call for discipline. See the Student Code & Grievance Procedure in the Williamsburg Technical College Catalog for details.

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Grading Policy	The College operates on the semester hour system, and the following symbols are used in grading: A-- Excellent B -- Above Average C -- Average D -- Passing F -- Failure I -- Incomplete WF -- Withdrawal while failing WP -- Withdrawal while passing
Policy for Class Safety and Emergencies	Injuries must be reported to the VP for Student Affairs immediately. Insurance claim forms are available in the Student Affairs division. Please refer to the college catalogue for more information on how Williamsburg Technical College addresses safety and emergency issues. For additional information, contact Student Affairs at 843.355.4162. Students taking coursework at off-site locations are responsible for reading and adhering to all safety instructions and guidance at the off-site location. Health Services and First Aid Williamsburg Technical College is a commuter institution; therefore, infirmary facilities are not provided. Basic first aid for minor injuries is available, and first aid kits are located in various departments of the College. Major illness or injury will be treated by health professionals. The campus is located adjacent to Williamsburg Regional Hospital. Each student is covered by accident insurance at no additional cost. This group insurance covers the student while on campus and during college-sponsored group travel.